

## About Your Tour Guide

Charming and personable are two of the best ways to describe your tour guide. Your guide was born in Norway, where she lived for 12 years before moving to the United States. Even though she lives across the Atlantic, she continues to visit her homeland each year. Since she has been in the United States she has been heavily involved in Scandinavian activities, including: Daughters of Norway, the Nordic Fest on Whidbey Island, and the Young Scandia Dancers of Whidbey Island. In addition to her Scandinavian activities she is a Registered Nurse and Advanced Cardiac Life Support (ACLS) certified.

Her goal for this trip is to ensure each person enjoys and finds a special connection her beloved Norway. Since she specialized in Norway's culture and heritage, she has a vast knowledge of the Nordic country which will help accomplish her goals.

## Testimonials

*L.D., San Francisco*

*I think that you created the perfect tour for me. I was able to see the places that had the greatest meaning for me personally, and then also the tour expanded on the macro part of Norwegian culture that we all think of from historic and family lore.*

*J.M., Washington*

*There are no words to express our appreciation for this most wonderful journey.*

*K, D, D, Washington*

*Thank you Linda for a "once in a lifetime" adventurous trip. We have enjoyed the tour, you, Jon, and fellow travelers. We appreciate your many trivial decisions and always with good humor.*



NORLAND CORP.  
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# Spectacular 13-day Norway Coastal Tour

**June 20 - July 2, 2010**

**Trip price: \$2995\***

*The Coastal Voyage Tour is your chance to explore Norway's western coast loaded with historical and modern significance. You travel into the Arctic Circle where you'll explore some of the most beautiful islands in the world. Not only do you tour, you also have time to explore, fish, shop or relax. You experience historical and cultural presentations and meals. Plus, participate in a true Norwegian Midsummer's Eve complete with bonfires and the sun that never sets.*



\*Price based on exchange of 5.5 NOK/\$1USD & above

*"Bringing the heart of Norway to your travel"*

# ITINERARY

## Day 1 – Bergen

Arrive in Bergen. Free time to acquaint yourself with this historical World UNESCO Hanseatic town. Meals on own] Accommodations: *Thon Rosenkrantz Hotel* (Bergen) 2n.

## Day 2 – Bergen (Hordaland)

Enjoy a guided tour of the city including a visit to Troldehaugen, Grieg's summer home, a shopping visit to the Oleana sweater factory, and a luncheon tour of the Janus wool factory (since 1895). A lite dinner is held tonight. [B, L, D]

## Day 3 – Hordaland – Sogn og Fjordane

Enjoy a lovely 3-hour Fjord Express trip up the western coast of Norway. Our destination is Kalvåg, (half-way up the coast between Bergen & Kristiansund). This was once the largest & best preserved fishing village in Western Norway! Today its past is preserved with a unique collection of old waterfront buildings. Visit the Sogn og Fjordane Coastal museum and enjoy free time (fishing, relaxing or exploring). Tonight, feast on a seafood dinner. [B, D] Accommodations: *Olavsrosa Knutholmen* (Kalvåg)

## Day 4 – Sogn og Fjordane – Møre og Romsdal

Today is Midsummer's Day, a special time in Scandinavia. Our coach takes us north thru fishing villages & coastal islands offering spectacular views of the Sunnmøre region. Embark on the famous Geiranger Fjord boat, for a trip on the UNESCO World Heritage Site with a special guided tour. Today's final destination is Ålesund. Enjoy a city tour and see the city's renowned art nouveau architecture. Tonight, celebrate **Midsummer's eve** with bonfires along the beach; participating in the celebration, watching the sun that never goes down. [B, D] Accommodations: *Clarion Collection Hotel Brygen* (Ålesund)

## Day 5 – Møre og Romsdal

We stop in Bud, a historical fishing village in Western Norway outside the city of Kristiansund. During the Middle Ages, Bud was the largest town between Trondheim & Bergen. Visit a weaver's home here and hear the tales of the area's past. Free time available in Farstad (fishing, etc.). Enjoy a lovely seafood dinner feast. [B, D] Accommodations: *Hustadvika Gjestegård* (Farstad)

## Day 6 – Møre og Romsdalen – Sør-Trøndelag

Traveling over the Atlantic highway we leave Møre og Romsdalen traveling into the Trøndelag region. Arrive in Trondheim where you enjoy free time to explore the city on your own. The stores are open later this evening so you'll have time to shop. A visit to Nidaros Cathedral, the largest gothic structure in northern Europe, is a must! Here, see where kings of Norway were crowned. [B] Accommodations: *Gildevangen Thon Hotel* (Trondheim)

## Day 7 – Sør-Trøndelag – Nord Trøndelag

Experience train travel via Norwegian State Railway heading north. You'll view some extraordinary scenery seeing parts of the famous Highway RV 17. Enjoy the views of Nord Trøndelag county, part of the *Vikna Archipelago*. Many museum & prehistoric burial mounds are found in this region. Our destination is Mo i Rana. Enjoy a cultural dinner at this historic and beautiful hotel. [B, D] Accommodations: *Meyergarden Hotel* (Mo i Rana)

## Day 8 – Nord Trøndelag – Norland

Continuing up the coast, pass by the Svartisen Glacier, Norway's second highest glacier & amazing mountains. Reaching the charming fishing village in the Nordic Circle, Bodø. Time available to explore the city on your own. [B] Accommodations: *Rica Hotel* (Bodø)

## Day 9 – Lofoten Islands (Norland)

Journey from Bodø via sea to the southern tip of Lofoten Islands (rated one of the top islands in the world to see). See: Å, Moskenes, and Reine (once called the most beautiful village in Norway). A famous Lofoten lunch awaits. Visit a blacksmith shop, 2 museums. & take a midnight excursion to Flakstad's sandy beach. Fish from your cabins deck. A traditional meal called *aftens* is served. [B, L, D] Accommodations: *De Historiske Reine Rorbuer Hotel* (Reine)

## Day 10 – Lofoten Islands (Norland)

Enjoy either a small boat cruise with a hike to the west end of the island, or a relaxing morning in your cabin. Later, we visit a glass gallery, art galleries, sandy beaches, The Borg Viking museum, etc. See Henningsvær & enjoy a cultural Lofoten dinner. [B, D] Accommodations: *De Historiske Anker Brygge* (Svolvær) 2n.

## Day 11 – Lofoten Islands (Norland)

After a buffet breakfast, your day is free. [B]

## Day 12 – Norland

Travel further north by coach, enjoying breathe-taking views as we wind up the coast through coastal villages,

## Day 12 – Norland

Travel further north by coach, enjoying breathe-taking views as we wind up the coast through coastal villages, tiny islands, & onto the city of Harstad. The rest of the day is free to explore, relax, or enjoy your hotel, once used as a trading post (from 1557). Enjoy a special dinner. [B, D] Accommodations: *Olavsrosa Sandtorgholmen* (Harstad) ·

## Day 13 – Norland

The tours ends after breakfast today. [B]

## TRIP INCLUDES:

- Daily Breakfast[B], 2 Lunches [L] & other packed lunches, & 8 Dinners [D]
- 12 nights accommodations (double occupancy)
- Tour director for Days 1-13
- Genealogical Assistance
- All ferries & entrance fees to all sites & museums outlined in itinerary
- 1<sup>st</sup> class touring coach, railway & boat trips as specified in itinerary
- City sightseeing: in Bergen, Ålesund, Trondheim, Bodø, Harstad, Lofoten Islands (including Stamsund, Svolvær, Reine, Henningsvær, & other coastal villages)
- Daily Tour itinerary with history information of each area
- Tour size maximum: 26; minimum: 20

## SUMMARY OF TERMS & CONDITIONS

**Reservations & Payment:** \$100/p non-refundable reservation deposit. Second payment of \$1500 due by 3/1/10. Final balance due 45 days prior to departure (ie. 5/6/10). Checks, Pay Pal & Money Orders are accepted. \*Trip costs are based on currency rate above 5.5nok/1usd. Single Supplement \$560.

**Insurance:** STRONGLY recommend that you obtain Travel Insurance.

**Cancellation Fees:** If you cancel more than 65 days prior to departure: \$300, 65-36 days: \$600, 35 days or less prior to departure: nonrefundable. [Cancellation fees include the \$100 non-refundable deposit if paid initially.]

**Smoking:** is not permitted on motor coaches or in hotels.

**Meals:** Breakfast, lunch, & dinner as specified in the itinerary. Special meal requests may be submitted (but not guaranteed) if sent 65 days prior to departure with final payment.

**Service Charges, Tips, & Taxes:** Tour guides & driver gratuities are left to your discretion (they are not included). However, all hotel service charges & taxes are included, so extra tipping is not necessary for basic room & luggage allotment.

**Land Costs:** Tour price is based on a minimum of 20 people, if the minimum is not reached, the price may increase or services may be modified to accommodate a smaller group. Prices are based on per person double occupancy (single supplement available upon request). 1 carry-on & 1 piece of luggage allowed.

**Additional Terms & Conditions:** listed on our website: